



**ONKAPARINGA
SWIMMING CLUB**

**A GUIDE FOR NEW MEMBERS
2021/2022**

Welcome to Onkaparinga Swimming Club! We are pleased you chose our club, and the following is some information to get you and your children up and running and enjoying their swimming and all the club has to offer! If you'd like more detailed information, you will find it in the Club Handbook.

Swimming SA Membership

To swim with a club, a swimming SA membership must be obtained. To purchase this, you need to register for an account with [Swim Central](#). This can be a little tricky, but this [link](#) will take you to the page with the information you need. If you have any problems registering, please contact [myself](#) or any of the committee members at the pool and we can point you in the right direction.

It is important that the parent joins first as the **Primary Member (Parent Non-Swimmer)** then the children can be added as family members. There are a variety of memberships available with options for paying annually, quarterly or monthly. Part of this membership is for Swimming SA and includes insurance and allows entry into carnivals. A portion goes to the swimming club.

Working With Children Check (WWCC)

Our club has a strict Child Safe Environment policy. We also, like most community sporting clubs, **rely heavily on the good will of parents to volunteer** in many capacities, from preparing Saturday morning breakfasts for the swimmers to officiating at swimming carnivals. It is therefore **a requirement that all parents and children 14 years and over have a current DHS WWCC**. The Child Safe Policy and instructions on how to apply for the WWCC and upload it to your Swim Central Profile can be found on Team App in the Documents section. The instructions are also included at the end of this document ([Appendix 1](#))

Training Fees

So you have your memberships and have applied for a WWCC, it's now time to pay your training fees. These, like the memberships, have several options available depending on how often your child will swim and whether you'd like to pay monthly, quarterly, or annually. The [Training Fees](#) are also in the documents section on Team App. Please complete the [NEW SWIMMER DETAILS](#) form at the end of this document and send to the [Club Treasurer](#) so you can be added to their database.

Club News and Updates

I have mentioned Team App already. You may be familiar with it from other sporting clubs but if not, it's where you will receive all the club news, training updates, information on training fees etc. It is therefore very important to sign up as soon as possible. **Team App** can be downloaded from the App Store and when prompted to enter club details it is **ONK SWIM CLUB**. It's useful to have notifications turned on for this app as sometimes urgent messages will be distributed this way eg. Cancellation of a session.

Another useful way to receive updates and news is the private Facebook page, [Onkas Swim Club](#) . Most of the information on Team App will be posted here along with photos from swimming carnivals, second-hand equipment for sale and any other bits of interesting news.

Training times

Our two main training venues are at the Woodside Barracks and in the summer months, the Adelaide Hills Swimming Centre, Woodside.

Woodside Barracks

Mon	Tues	Wed	Thurs	Friday	Saturday
TBA		TBA	TBA		TBA

Woodside Outdoor Pool

Mon	Tues	Wed	Thurs	Friday	Saturday
5.30 – 7am	5.30-7am	5.30-7am	5.30-7am	5.30-7am	6am-7.30am 7.30-8.45am
6-6.45pm 6.45-8pm	6-7pm 7-8pm	6-6.45pm 6.45-8pm	6-7pm 7-8pm	4.30-5.45pm	

Our Head Coach Pat will allocate swimmers to the sessions and once allocated, we ask that you message Pat if unable to attend. This allows swimmers on waiting lists to attend extra sessions as numbers are restricted due to Covid rules.

Pool access

Army pool

Free entry but you will need to send a copy of your driving license and registration to Pat and present your driving license at the boom gate each visit. A parent or guardian must sign the child in and out of the venue. Also please be mindful of the 30km/h speed limit in the army base grounds and only the top car park must be used.

Woodside pool

Entry fee of \$4.50 each visit. Multi pass and season pass tickets can be bought at the pool for cheaper entry, especially if you intend to use the pool socially too. Speak with the pool staff to purchase.

Swimming Carnivals

As a new member it's often very confusing which carnivals to enter, which strokes to swim and how to nominate your child. It is best to discuss details with Head Coach, Pat Wheeler, but as a guide, the following are descriptions of the various types of meets/events. For instructions on [how to enter a swimming meet](#) follow this link.

Club Champs

The Club Champs are fun and friendly events run over the summer months. It is an intra club event where the children choose up to 6 races from the following (3 from each column)

Age group events – Aggregate A	Championship Events - Aggregate B
50 Free	400 Free
50 Back	200 IM
50 Breast	100 Free
50 Fly	100 Back
200 Free	100 Breast
100 IM	100 Fly

EDSA Carnivals

The next level up are the EDSA (Eastern Districts Inter-club carnivals). These carnivals are a competition between the Onkaparinga, Mountain Pool, Murray Bridge, Strathalbyn and Mallee clubs. They are an excellent introduction to swimming carnivals as they are generally friendlier and less formal than the bigger meets. We also pair the kids who are new to competing with a 'Buddy', one of the older swimmers who will guide and support them. There are 5 or 6 EDSA meets over the Spring/Summer season and they are generally held at Strathalbyn, Murray Bridge and Woodside pools and are perfect for trying to get qualifying times for Countries.

Open Carnivals

These carnivals run throughout the year, examples of which are Norwood and Playford carnivals. These are larger and more formal and although still fun, can be a little daunting for the newer swimmer. There is usually a good turn out as we'll choose some of these carnivals as focus events. These are when we like to have as many members attending as possible so we can present as a team, which means there are plenty of experienced swimmers to act as Buddies. There are several smaller meets too in various locations around Adelaide and SA so the best ways to familiarise yourself is by looking at the list of events on [Swimming SA](#).

SA Country Championships

A highlight of the swimming year is the SA Country Championships. This is a fantastic meet which is fun for all members to attend, the more the merrier! It runs over 4 days in January and although qualifying times are needed for part of the meet, children aged 11 and under without the qualifying times, can take part in the Superfish carnival which is held on the first afternoon of the meet. Many of the kids are also included in relay races over the weekend.

This carnival is a great way to spend quality time with other club members and a fun, team building experience. It's also a fabulous way to give back to the club by helping to score valuable points to keep the title of SA Country Champions, a title we've held for the past 17 years bar one!!



Uniform

When attending these events and carnivals it's important to present as a team, which also gives the kids a sense of belonging. Onkas has a great uniform which is bright and distinctive and very good quality. A variety of items are available from bucket hats to swim parkas. The polo shirt and swimming cap should be the first purchases as all members need to wear these at events. All these items can be purchased from the club by speaking to Jo Weir (Uniform Representative) or Pat Wheeler (Head Coach) (contact details below). See price list in [Appendix 2](#).

Bathers

Bathers and the Onkas Swimming Cap are other important purchases. Again, when swimming in carnivals it's important to present as a team, plus it's easier to spot your child in the pool and on the blocks if they are wearing club colours. Bathers can be black or green and yellow, patterned or plain. A company we like to use is [Funkita](#) or [Funky Trunks](#). They have a constantly changing selection and as an Onkas Member there is a 10% discount and 10% cashback to the club if you enter the current code CLUBONK22.

We also have custom made bathers by Funkies (see images below). These are unique to our club, please contact Jo Weir for information on availability and ordering. You can find the [Price List here](#).



Additional Information

During the summer months, a breakfast is provided after the Saturday morning training. This might be pancakes with toppings, toasties, cereals and yoghurt or bacon and eggs. This year it has been funded by a very kind, anonymous donor, who likes to see swimmers enjoying some social time together! These breakfasts are prepared and/or cooked by the parents at the pool so please come along and put your name on the roster, it's a great way to get to know other parents at the club. You can also support the breakfast by donating some fruit to share, if you are unable to stay and cook.

Useful Contacts and Committee Members

Head Coach - Pat Wheeler

0423520633

Patsyswim@hotmail.com

Executive and Management Committee

Mandy Mitchell – Club President

0404679949

President@onkaswimclub.com.au

Gavin Fillmore – Vice President

0404302387

Vicepresident@onkaswimclub.com.au

Craig Kemp - Treasurer

0414600249

Treasurer@onkaswimclub.com.au

Richard Jasko – Secretary

0403300221

Secretary@onkaswimclub.com.au

Abby Henke – Associate Treasurer

0455511140

cahenke@bigpond.com

Keren McKenna – Minutes Secretary

0427055272

kerenmckenna@yahoo.com.au

General Committee Members

Emma Timmins

0432745830

emmatimmins77@gmail.com

Stu Colla

0407979111

Stucolla@gmail.com

Jo Weir

0415741288

Joannerowe03@gmail.com

Pamela Morley

0458640788

Morleypam1@gmail.com

Peter Wheeler

0455530131

Wheelerpj059@gmail.com

Colleen Doyle

0407069777

Colleen.doyle@hotmail.com

APPENDIX 1 – Working with Children Checks

All Management Committee, committee members, employees support staff, club officials, parents who occupy a prescribed position, members over 14 years of age and non-member parents, as per the Children and Young People (Safety) Act 2017, are required to undergo a WWCC once every five years. WWCC is also required prior to undertaking work with children.

All **financial members** of Swimming SA over the age of 14 years are eligible to apply for a free Working With Children Check (WWCC) through Swimming SA. Unfortunately, this is only a benefit for current financial club members. To register:

- Use the Swimming SA link and enter your details onto the form (name, email address, date of birth, club name): <https://form.jotform.co/swimmingsaevents/wwc-application-form>
- Swimming SA will assess your WWCC request; if you meet the age and membership criteria Swimming SA will initiate your FREE WWCC application with the Department of Human Services (DHS).
- DHS will email through your WWCC application link to your nominated email address. You will need to complete the online application form, provide/upload 100 points of ID and submit the application.
- If you're unable to have your ID verified online (foreign passport, birth certificate, under 18years), you will need to have the Requesting Organisation – Swimming SA verify your documents. Normally the documents need to be verified in-person by Swimming SA, but during COVID times they are happy to accept an emailed copy of ID to admin@sa.swimming.org.au with the following attachments:
 - i. 100 points of ID minimum – The combination of the applicant's identity documents must include the applicant's full name, the date of birth, at least one document from Category A or Category B, and a photograph of the applicant (in an item from any category).
 - ii. a signed copy of the Page 6 of the application form, which must be signed by a parent/guardian for people under 18 years of age.
- Swimming SA will then compile the signed application and proof of identity and send off to DHS.
- Once you have received your WWCC, you will need to upload a copy to Swim Central.

NOTE: Delays of up to four weeks may be experienced in processing screening checks due to unprecedented demand for the National Police Checking Service (NPCS). Read the latest on screening application [delays](#).

Non-financial club members will need to apply for a WWCC via the DHS website:

<https://screening.sa.gov.au/applications> and send their certificate number and expiry date to secretary@onkaswimclub.com.au.

When it is revealed that an individual has a criminal history, this information will be treated in accordance with the Child Safe Environments: Standards for dealing with information obtained about the criminal history of employees and volunteers who work with children.

APPENDIX 2 – Uniform Price List

Swim Coats (Parka)	\$ 120.00
Hoodie	\$ 75.00
Polo Shirt (Yellow/Green)	\$ 65.00
Club Shorts	\$ 30.00
Club Hats	\$ 25.00
Podium Jacket	\$ 100.00
Black Jackets - Hoodies	\$ 75.00
Club Backpacks	\$ 40.00
Officials Shirts	\$ 15.00
Named Caps	\$ 20.00
Unnamed Caps	\$ 15.00
Countries Warmup Caps	\$ 13.00
Onkas Bathers - Mens Trunk	\$ 49.95
Onkas Bathers - Mens Jammers	\$ 69.95
Onkas Bathers - Boys Trunk	\$ 39.35
Onkas Bathers - Boys Jammers	\$ 59.95
Onkas Bathers - Ladies	\$ 89.95
Onkas Bathers - Girls	\$ 69.95

Training Fees 1st November 2021 to 31st October 2022

Please choose one of the payment options below and use the club banking details to facilitate your training fees payments.

Option	Training Fee per Swimmer	Payment Due Date
Annual	\$720 per year	Paid in advance by 14-Nov-2021
Quarterly	\$191 per quarter Swimmers electing to pay quarterly must commit to a full 12 months (Nov to Oct) of quarterly payments and cannot move from quarterly to monthly payments at any time during the year.	Paid quarterly in advance by: <ul style="list-style-type: none"> • 14-Nov-2021 • 14-Feb-2022 • 14-May-2022 • 14-Aug-2022
Monthly	Summer: \$77.00 per month (Nov, Dec, Jan, Feb)	Paid monthly in advance by the 7th of each month. If swimmers do not swim for the month then a monthly fee will not be charged. Swimmers may move between the monthly and once-per-week payment options at any time.
	Winter: \$61 per month (Mar, Apr, May, Jun, Jul, Aug, Sept, Oct)	
Once per Week	\$44 per month for a maximum of 1 session per week	Paid monthly in advance by the 7th of each month. If swimmers do not swim for the month then a monthly fee will not be charged. Swimmers may swim more than 1 session per week by paying a Top Up fee of \$10.50 per additional session. Swimmers may move between the monthly and once-per-week payment options at any time.
COVID NOTICE: For swimmers paying monthly or once-per-week who are kept out of the pool due to COVID testing isolation requirements, please contact a Committee member so that we can work out an adjustment to your fee for that month.		

Payment Options

Option	Details	Notes
Electronic Transfer	BSB: 105 057 Account Number: 012 268 140 Account Name: Onkaparinga Swimming Club Reference: TF [swimmers name]	Preferred option
Credit Card	Via Team App https://www.teamapp.com/	TeamApp charges transaction fees on top of payment amount. Fees are slightly higher when using this option.

If you have any questions or queries feel free to contact Club President: Mandy Mitchell:
president@onkaswimclub.com.au.



NEW SWIMMER DETAILS FORM

Swimmer Name:	
Swimmer DOB:	
Swimmer Phone:	
Swimmer email:	
Swimmer start date:	
Parent/Guardian Name/s:	
Parent/Guardian Phone:	
Parent/Guardian Email:	
Emergency contact details: Name & Phone	

I would like my training fees to be invoiced:

Monthly / Quarterly / Annually

The best email for my invoices:	
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Email form to: treasurer@onkaswimclub.com.au
president@onkaswimclub.com.au